

H e a r t   b e a t  
circles on circles on circles

What is a sound circle?

Each heart open beats a perfect mandala,  
is a *sound circle*

that is a field of **wild flowers** that sprouts on an empty chair  
in an empty room and  
a stray **flower** ventures through the window into a place  
where a **party** of ghosts play.  
One of them smells its **sweetness**  
and follows its trail to the field.  
**Enchanted**, color fills the ghost and she smiles.  
She goes back to the place where the other ghosts drift.  
Many can't see her in her new colors, but some are drawn  
by the **song** of her **breath**  
when she whispers to them the wonder of what she has seen.  
They follow her back to the field of wild flowers and  
discover that it has spread into two more empty rooms in the house.  
Each **flower** is a different shape.  
Some share a color, but no two move in the same way.  
When they gather and lay out their **petals** together  
a symphony of sounds and sights  
draws the birds from the heavens  
and the fish from the sea to  
shapeshift in a new dance  
of **immortality**.

©Tamara Watson from *Aeternitas, a love story, book 6*  
to be released fall equinox 2011 [www.thecrystalheart.com/books](http://www.thecrystalheart.com/books)